



CHESAPEAKE BAY
OUTWARD BOUND SCHOOL

You Belong

ANNUAL REPORT 2022



A WORD FROM OUR LEADERSHIP

“You belong.”

There are four areas of human development that are impacted on an Outward Bound course: Courage, Reflection, Physical Engagement and Belonging. We refer to these quadrants as our “Domains of Thriving.” Each domain includes two specific social-emotional skills on which our instructors focus. The skills we teach under Belonging are Teamwork and Group Relationships. In 2022 – the first year of full in-person programming since the pandemic – we saw notable increases in students reporting that our programs impacted their sense of belonging. But what does that mean?

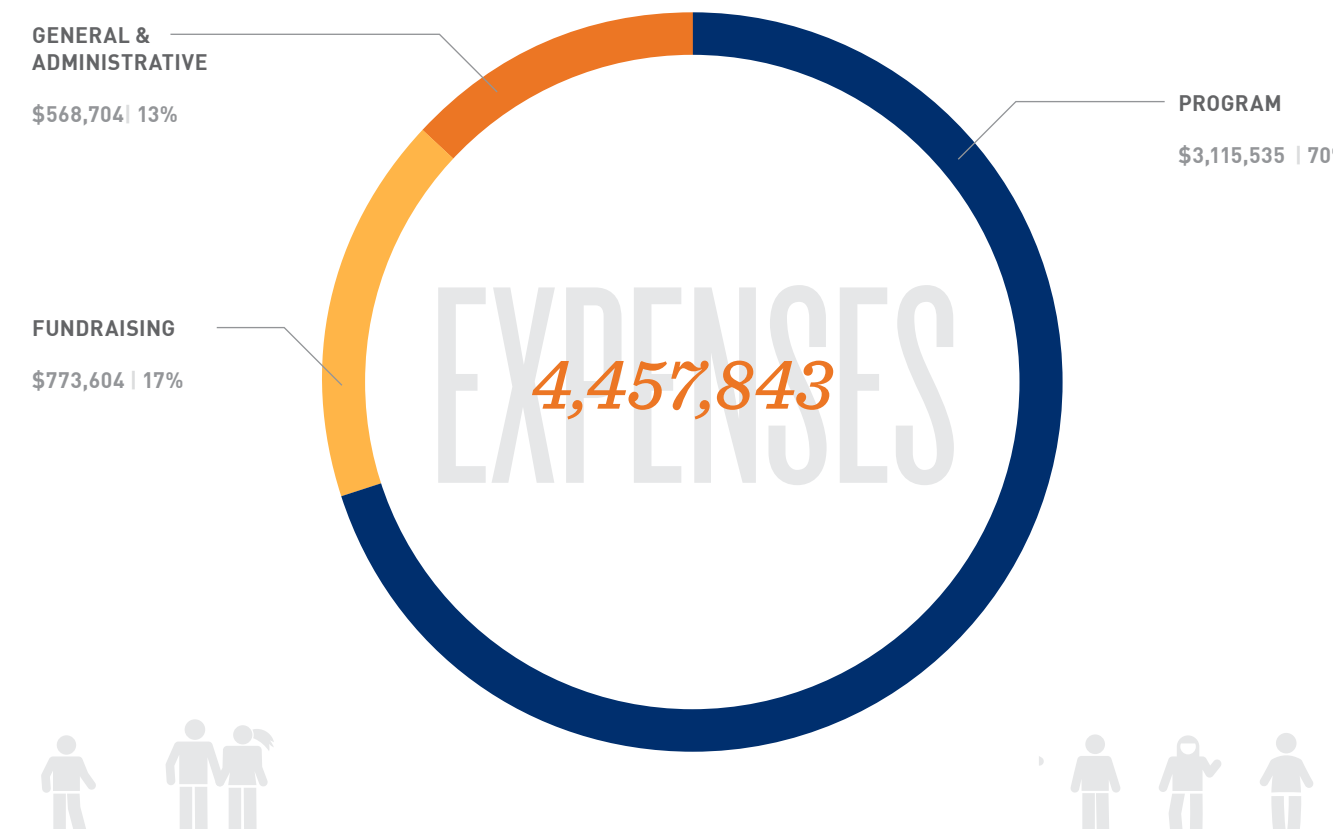
A sense of belonging is more than simply being acquainted with people or places. It is centered on gaining understanding, respect, connectedness, and support from members of the group and providing the same attention to others. To have a sense of belonging means you matter. At Chesapeake Bay Outward Bound School (CBOBS), we strove in 2022 to instill a sense of belonging across our vast community -- from students, educators, schools across the greater Baltimore and Washington DC regions to our donors.

In return, CBOBS’ dedicated donors showed us how much CBOBS matters to them and to the communities we serve. The unprecedented generosity by donors, like you, helped us raise over \$2.5 million dollars in 2022 and provided critical scholarship dollars to give even more youth from underserved communities a better sense of belonging. We are grateful and humbled by your support – thank you!

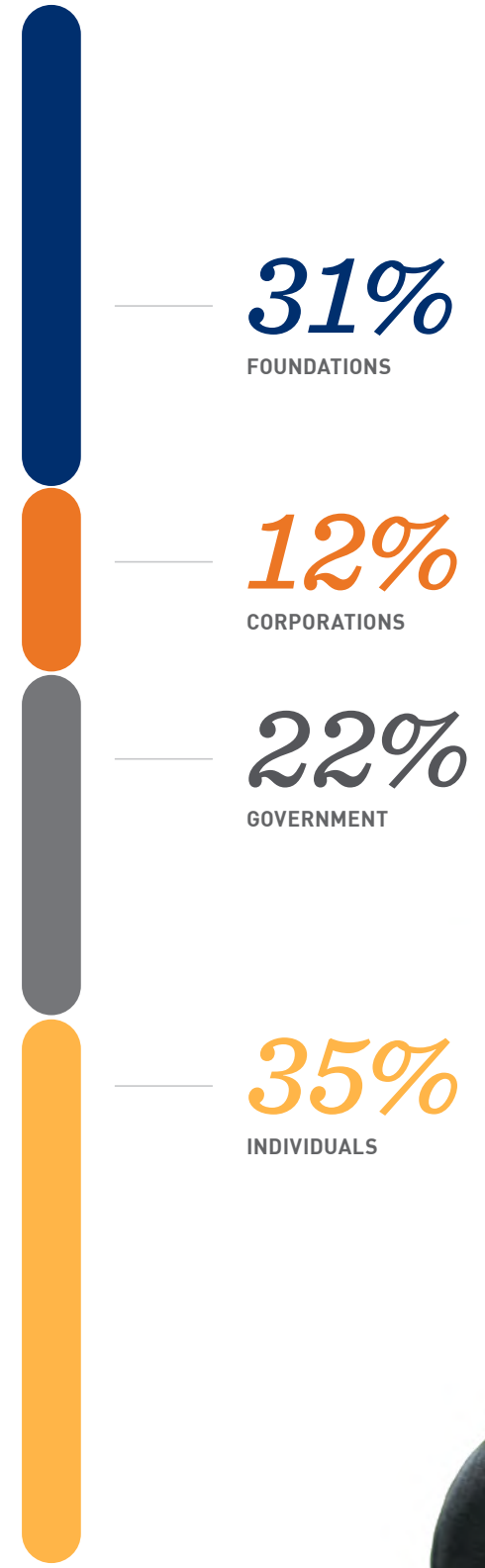
Big changes also occurred in 2022. CBOBS’ long-time Executive Director, Ginger Naylor, answered the call to lead Outward Bound USA as their new CEO. We are so grateful for Ginger’s vision and service over the years. With Ginger’s exit, we were privileged to welcome Kristen Komlosy to CBOBS as our new Executive Director. Kristen is a seasoned executive with an extensive track record of successful leadership, and we are delighted to have Kristen at the helm.

Onward!

BRETT ROGERS
CHAIR OF THE BOARD



FUNDING SOURCES

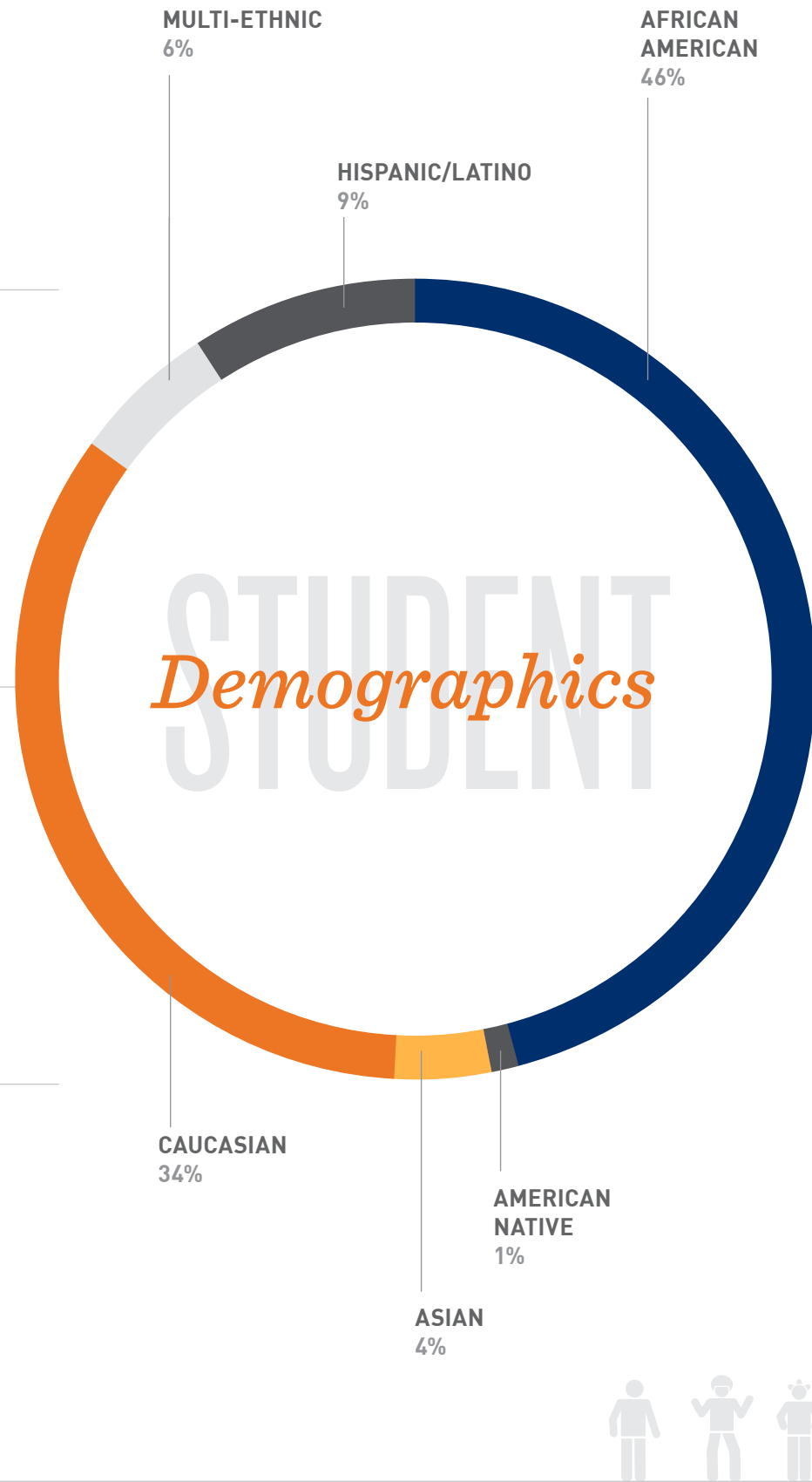


4,869
Students Served



10,052
Student Program Days

77
Community Partners



344
Educators Served



Expedition

	STUDENTS	829	17%
	STUDENT PROGRAM DAYS	5,445	54%

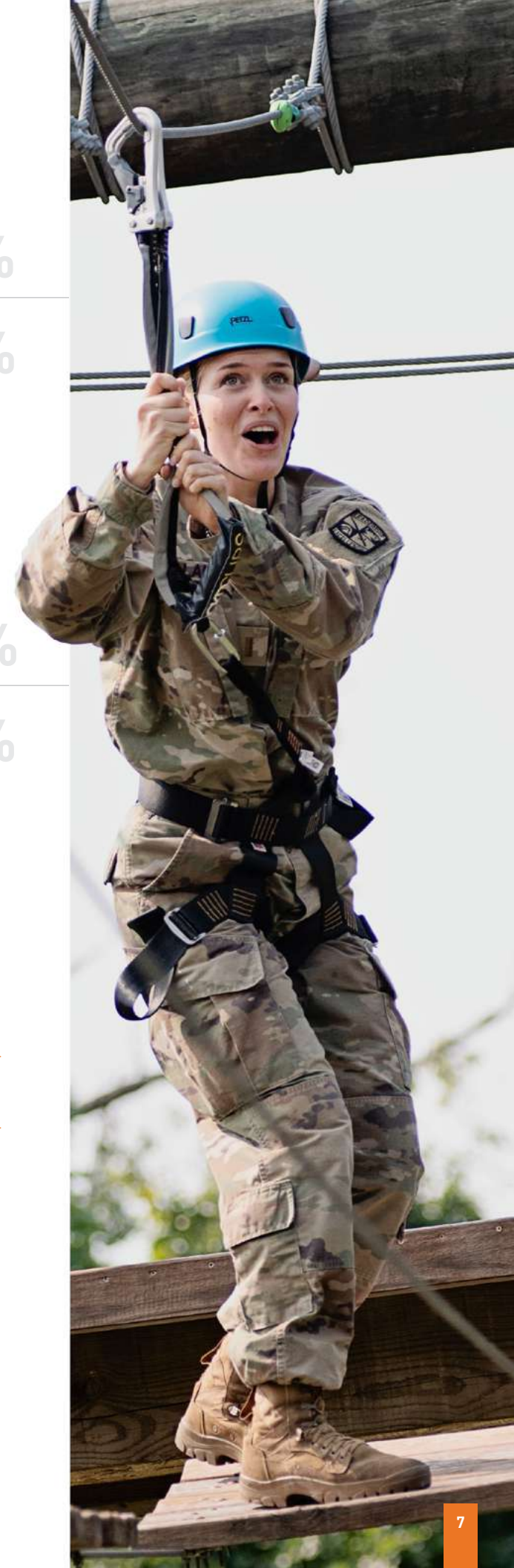
Insight

	STUDENTS	4,440	83%
	STUDENT PROGRAM DAYS	4,607	46%

POLICE YOUTH CHALLENGE

TOTAL YOUTH	89
TOTAL POLICE TRAINEES	97

Throughout 2022, Police Youth Challenge (PYC) continued as a space for new recruits to engage with the youth from the communities of Baltimore as a part of their In-Service Training. This means that for many new officers, PYC will be the first time they interact with Baltimore youth before they become members of BPD. CBOBS saw all five 2022 BPD recruit classes. Our youth partners included Baltimore elementary and middle schools, Armistead Gardens and The Crossroads School, and male youth empowerment program, I AM MENTALITY.



DOMAINS OF THRIVING

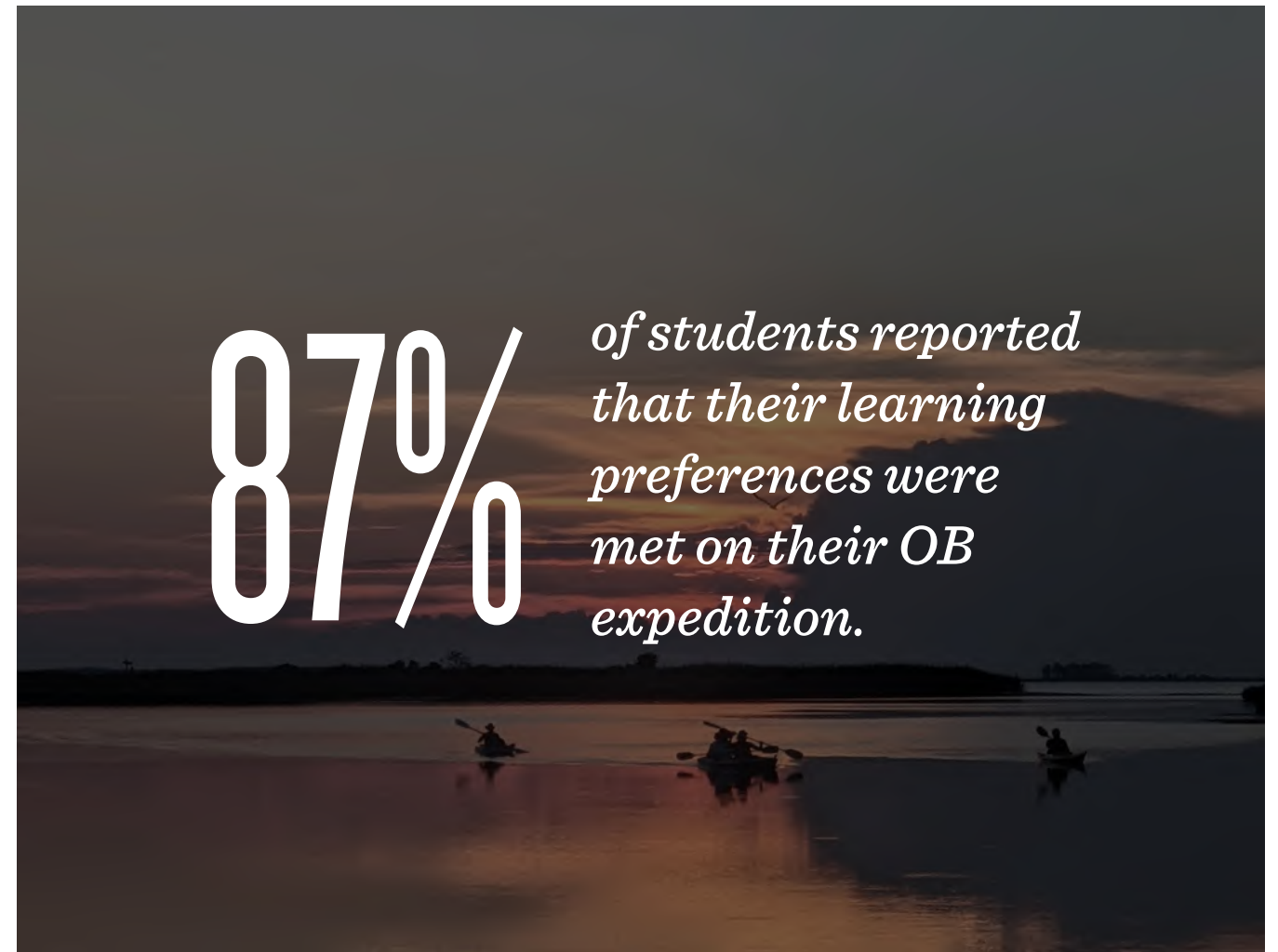
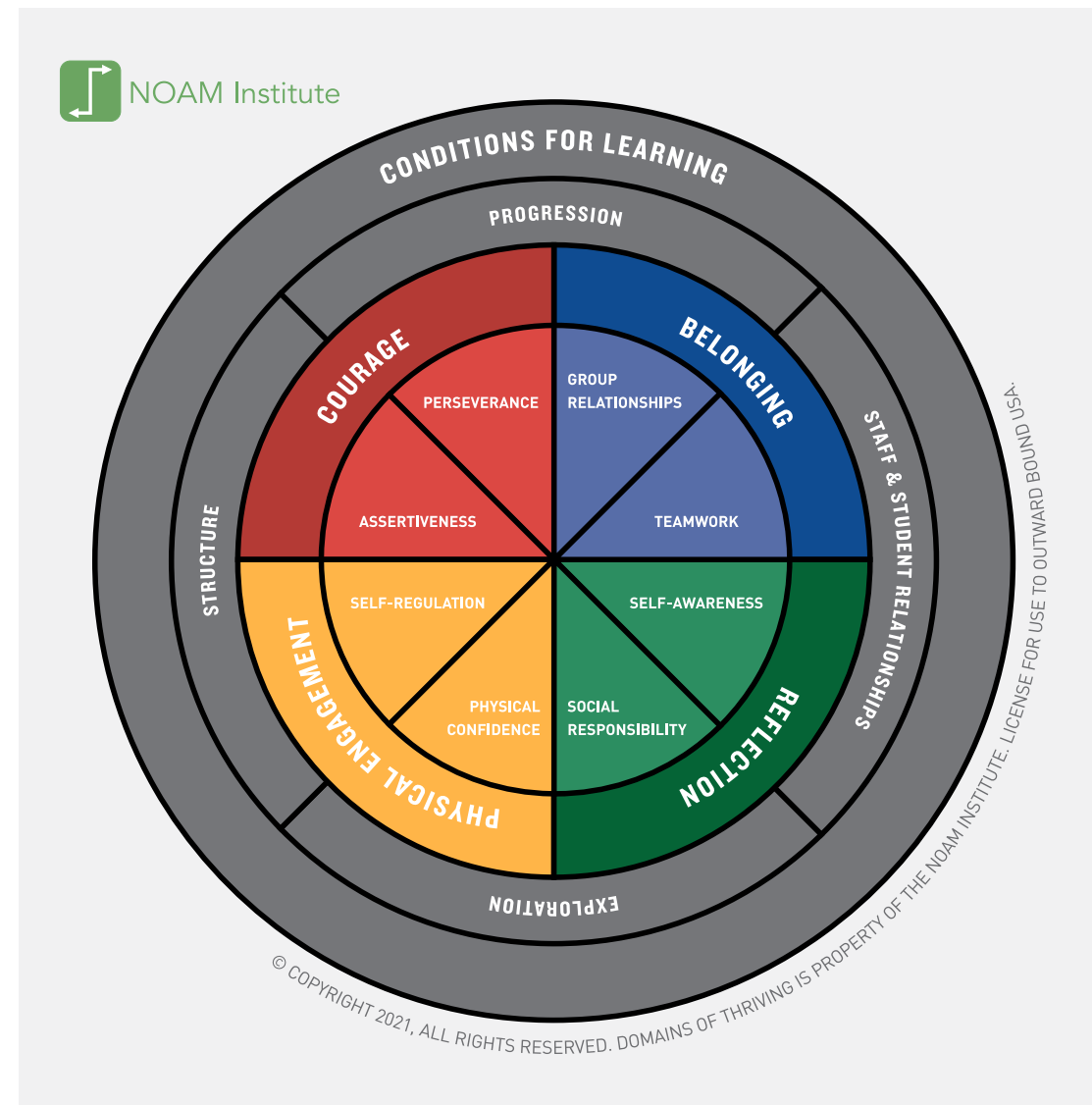
The Domains of Thriving framework combines Outward Bound's 50+ years of experience facilitating life-changing experiences with the latest insight and research on social-emotional development.

The Domains of Thriving highlights the four areas of human development that are impacted on an Outward Bound course: Courage, Belonging, Reflection, and Physical Engagement. It also identifies eight specific social-emotional skills that our students are supported to develop: Perseverance,

Assertiveness, Group Relationships, Teamwork, Self-Awareness, Social-Responsibility, Self-Regulation and Physical Confidence. Surrounding all of this are our Conditions for Learning, which provide the foundation for transformative learning experiences.

SEE OUR FREE BELONGING CURRICULUM SUPPORTING EDUCATORS' IN-CLASSROOM SEL

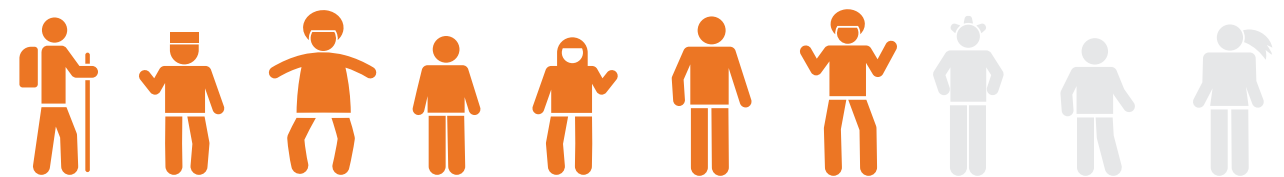
outwardboundchesapeake.org/unit-belonging/



LEARNING ENGAGEMENT

Motivated learners do better in school and in life. When students feel excited, curious, and in charge of their own learning they retain more, expand their schemas, and push through challenges.

We're committed to creating engaging learning environments that inspire creativity and curiosity that transfer back to their homes and classrooms.



Nearly 7 in 10 students leave OB programming with increased learning engagement.

OUTCOMES & IMPACT

Building Belonging

Authentic Social Connections play a key role in combating the effects of a mental health crisis – young people feeling part of a community and having safe and authentic relationships with adults and peers. Authentic and safe connections serve as protective factors against the long lasting effects of stress and trauma.

80%

of students reported feeling safe, heard, and listened to by their instructors

“It’s cool to see how a bunch of teenagers can work together to create a really meaningful experience for everyone.”

SIERRA, OB ALUM

70%

Feel more connected after 1 day at Outward Bound

SEE SIERRA'S EXPERIENCE
HERE

youtu.be/3aU2nAmknws



OVERCOMING SETBACKS

Young people are faced with surmounting challenges. Resilience is needed for what's ahead.

On Outward Bound expeditions, students build communities that empower them to find the support they need to take risks. In these safe learning spaces, students realize they are “crew, not passengers” and can build resilience skills to tackle the real life challenges in their schools and communities. The New York Times, in their article “To Improve Students’ Mental Health, Schools Take a Team Approach”¹ share the problems at hand, and how the Outward Bound “crew” philosophy is making a difference in student’s and teacher’s lives. Educator Dave Edson shares, “to know that you are not alone is so important”.

-5%

CBOBS found that youth pre-program skills in perseverance dropped by 5% between 2021 and 2022.

84%

of students felt their Outward Bound program prepared them to face new challenges.

IMPROVING OUR PROGRAMS TO MEET STUDENT NEEDS

We work hard to ensure the most impactful programs possible.

Our students and teachers reported the need for deeper connection and stronger communities in their classrooms. In response, our day program team developed a more comprehensive Belonging curriculum.



1. NYT citation: van Straaten, L. (2022, October 7). To Improve Students’ Mental Health, Schools Take a Team Approach. The New York Times. www.nytimes.com/2022/10/06/education/learning/student-mental-health-crew.html

COLLEGES & UNIVERSITIES

Bowie State University

Loyola University

Morgan State University

United States Naval Academy

University of Maryland College Park

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Brown Advisory

Clark Construction Group

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INDEPENDENT SCHOOLS

Archbishop Carroll High School

Boys' Latin School of Maryland

Cardinal Shehan School

Episcopal High School

Friends Community School

Georgetown Day School

Gilman School

GreenMount School

Landon School

Saint Ignatius Loyola Academy

Sisters Academy of Baltimore

St. Augustine School

St. Paul's School

The Calvert School

The Lab School of

Washington

The Langley School

Washington International School

PUBLIC & CHARTER SCHOOLS

Armistead Gardens Elementary Middle School

Baltimore City Public Schools

Baltimore Montessori Public Charter School

Capital City Public Charter School

Cardozo Education Campus

Carver Vocational-Technical High School

City Neighbors High School

City Springs Elementary Middle School

Cross Country Elementary Middle School

Democracy Prep Public Schools

E.L. Haynes High School

Fort Worthington Elementary Middle School

Francis Scott Key Elementary Middle School

Hampstead Hill Academy

Highlandtown Elementary Middle School #237

Independence School Local 1

Kingsman Academy

Lillie May Carroll Jackson Charter School

Mergenthaler Vocational-Technical High School

Mt. Royal Elementary Middle School

Southwest Baltimore Charter School

Stadium School

The Crossroads School

The Sojourner Truth School

Thomas Jefferson Elementary Middle School

Thomas Johnson Elementary Middle School

Western High School

William Paca Elementary School

YOUTH SERVING ORGANIZATIONS & NON-PROFITS

Adelante Latina

Art with a Heart

Baltimore City Department of Recreation and Parks

Baltimore County Police Department

Baltimore Educational Scholarship Trust

Banner Neighborhoods

Bridges Baltimore

Character Lab

City Kids Wilderness Project

Elev8 Baltimore

Hope For Grieving Families

I Am Mentality/Youth Male Empowerment Project

2nd Lieutenant Richard W. Collins III Foundation

National Aquarium

Prince George's County Police Athletic League

The Jude House

The Village Learning Place

Veteran's Center

Washington Nationals Youth Baseball Acad.

Waterfront Partnership of Baltimore

World Trade Center Institute



COMMUNITY CONNECTIONS



TEACHING BEYOND THE CLASSROOM

Through the lens of Educator partner Steven Mitchell

“The impact that I’m hoping to have is to show these different students that their spectrum is as wide as they care to make it. There is no definition or limit to what that spectrum can be.

I chose to go on our Outward Bound expedition because it was scary. I knew that it was going to be something that my students, who I am so close to, were participating in, and that it would have to be something that I crossed that hurdle with them.

I cannot begin to tell you how these experiences has impacted me, this school, my students, they’ve asked me to send them the pictures and send them videos so it can remind them of the commitment that was made. The fact that your students had that opportunity to discover an element of themselves through a program that’s funded for them. I know how much it’s changed me. The fact that there’s a 25 year age gap and we both, on the summation of our lives, could say Outward Bound is a part of that.”

SUPPORTING OUR EDUCATORS

We continue to build tools and content to support our local educators and school partners.

Delivering more Thriving Classroom Professional Development Sessions, Remodeling our Educator Expedition curriculum to meet the needs of our educator community, kicking off our inaugural Educators Newsletter, and doing more to support the Educators who join their students out on the trail.

We truly believe that resourcing our partner educators can have rippling impact.

“Outward Bound has given me so much and my experiences with the program help me to keep showing up for my students because we went through and overcame challenges together.”

STEVEN MITCHELL, EDUCATOR AND OUTWARD BOUND ALUM

100% of teachers who join their students on expedition tell us they are taking back Outward Bound educational tools to their own classrooms.

WATCH STEVEN SHARE HIS OUTWARD BOUND STORY

youtu.be/4WWQWRmwWYM





SCHOLARSHIPS

\$1,308,828
IN SCHOLARSHIPS &
PROGRAM SUPPORT

86%
OF STUDENTS
RECEIVED FINANCIAL
SUPPORT

2022 MERIT SCHOLARS

These summer courses offer greater Baltimore and Washington, DC region youth a chance to take on new a leadership challenge. These middle and high school age programs are merit based, meaning that all applicants go through a highly selective application process before being asked to join the crew. Many of these students are previous Outward Bound alumni, and others are coming to us in hopes of adding another dimension to their education before moving into their next academic phase. Congratulations to our 2022 YLC and GOAL alumni.

“I loved it. It challenges you in all the ways it should; mentally, physically, emotionally. But the people I’ve met, our crew, really built things together. We really grew close over this trip.”

-CHRISTIAN W. 2022 YLC ALUM

YOUTH LEADERSHIP CORPS (YLC)

Arjan G.

Brody B.

Christian B.

Cleveland W.

Ezekiel B.

Kashvi R.

William L.

Zari W.

GET OUT AND LEAD (GOAL)

Adam A.

Amira S.

Anna J.

Caleb D.

Daniel F.

Elija M.

Kyra A.

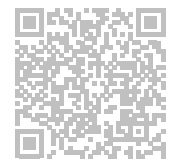
Logan S.

Maija L.

Zachary O.

LEARN MORE

outwardboundchesapeake.org/scholarships



CBOBS BELONGS IN DC

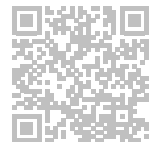
As we continued to expand our work in the greater Washington, DC region, we also moved into a new office space at the Josephine Butler Parks Center which overlooks Meridian Hill Park in the Northwest. The Center is an 18,000 square-foot Renaissance Revival mansion, and once home to the Brazilian Embassy. Today, it is owned and operated by Washington Parks & People as an incubator for community-based nonprofits like Chesapeake Bay Outward Bound School.

The DC campus focused on being outward facing, getting out into the community and engaging key stakeholders in philanthropy and education about our work.

With our mobile climbing wall parked at Marvin Gaye Park in Ward 7, we joined Washington Parks & People and others for the annual Ward 7 Harvest Festival to meet our neighbors. CBOBS crew Lainie Grey and Chris Doyle were on hand to demonstrate that Outward Bound programs can happen anywhere.

LEARN MORE ABOUT OUR GROWTH IN THE NATION'S CAPITAL.

outwardboundchesapeake.org/dc



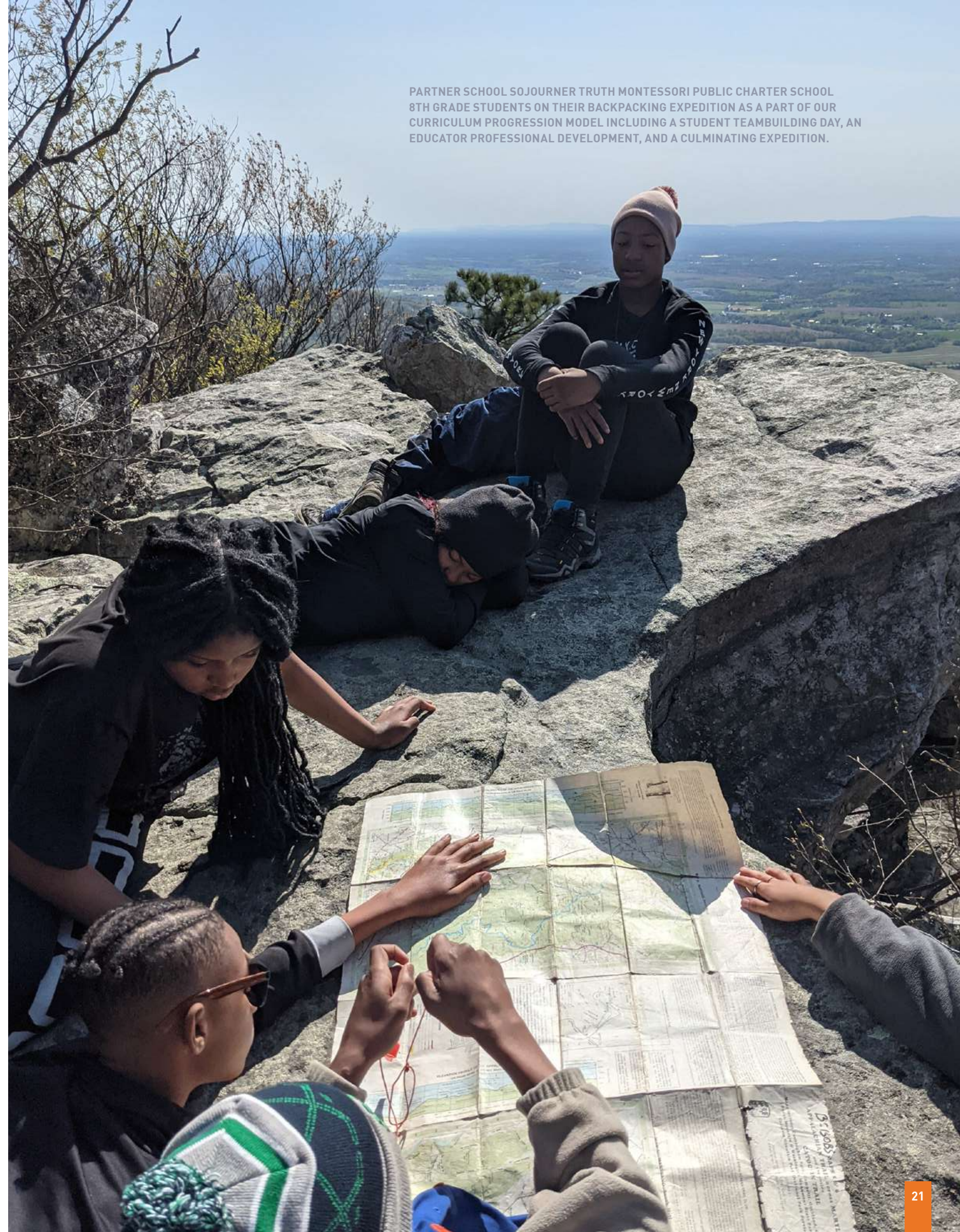
CAPITAL CITY PUBLIC CHARTER SCHOOL 7TH GRADE STUDENTS TAKING PART IN AN OUTWARD BOUND TEAMBUILDING DAY AT THEIR SCHOOL



OUR DAY PROGRAM TEAM JOINS WARD 7 COMMUNITY MEMBERS FOR THEIR ANNUAL HARVEST FESTIVAL.



CBOBS FACILITATORS ENGAGING IN A ROPES TRAINING OUTSIDE MARVIN GAYE RECREATION CENTER IN WARD 7.



PARTNER SCHOOL SOJOURNER TRUTH MONTESSORI PUBLIC CHARTER SCHOOL 8TH GRADE STUDENTS ON THEIR BACKPACKING EXPEDITION AS A PART OF OUR CURRICULUM PROGRESSION MODEL INCLUDING A STUDENT TEAMBUILDING DAY, AN EDUCATOR PROFESSIONAL DEVELOPMENT, AND A CULMINATING EXPEDITION.

THANKS TO OUR DONORS!

\$200,000+

A. James & Alice B. Clark Foundation
Maryland Department of Housing and Community Development

Brown Advisory Charitable Foundation, Inc.

\$100,000 - \$199,999

Governor's Office of Crime Control and Prevention

Maryland State Department of Education

State of Maryland

\$50,000 - \$99,999

Anonymous

Bunting Family Foundation - Fund B

Feather Foundation at the request of James R. and Edith Hoyt Garrett

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Peter R. & Cynthia K. Kellogg

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\$500 - \$999

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